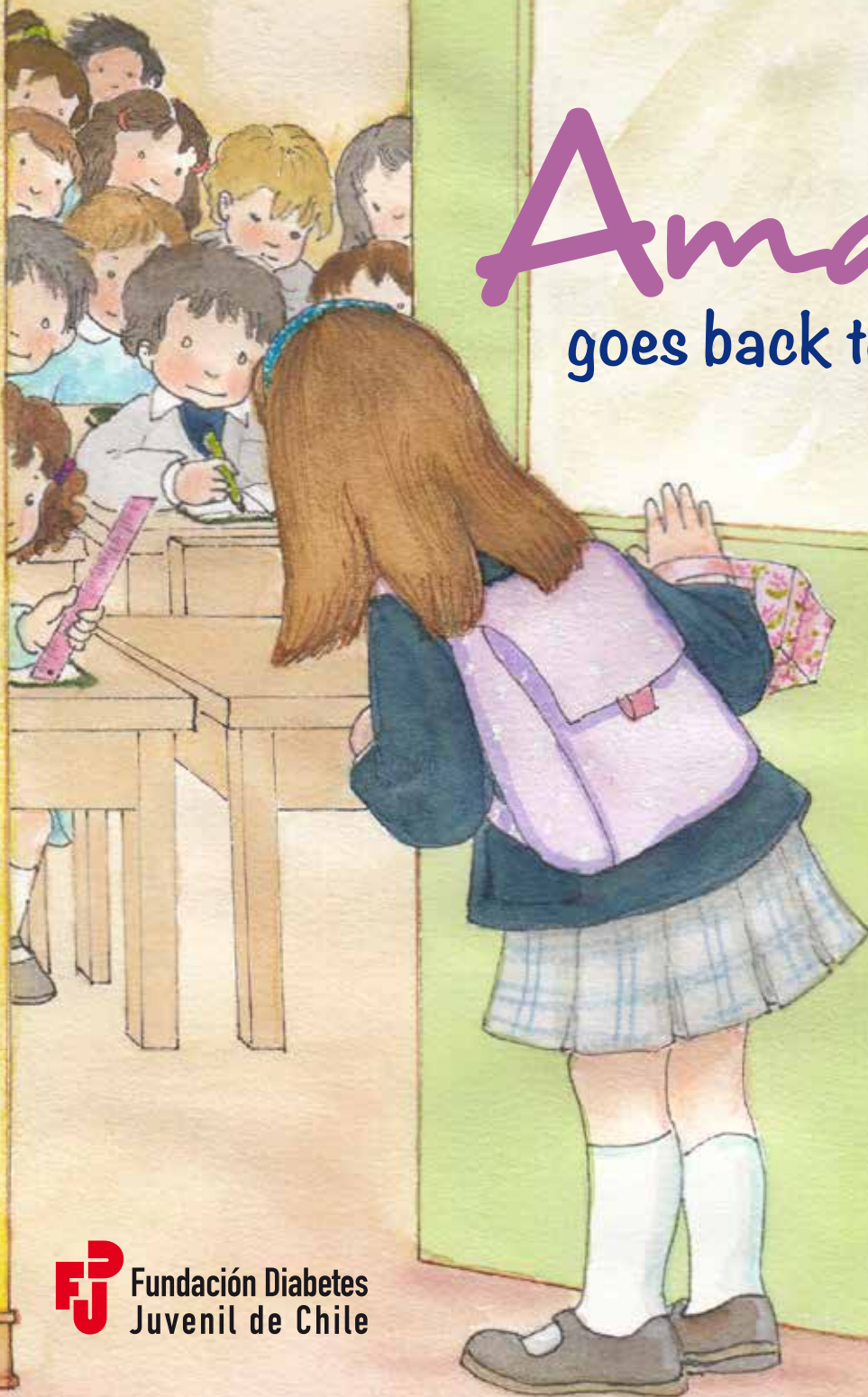


# Amalia

goes back to school



2016 - First Edition  
Rights Reserved  
Fundación Diabetes Juvenil de Chile  
[www.diabeteschile.cl](http://www.diabeteschile.cl)

# Amalia

goes back to school



Text: Valentina Onetto - Illustration: Soledad Folch -  
Design: Bernardita Valdivieso - Editor: César Velasco  
Translation: David Hendrick  
Departament of Education

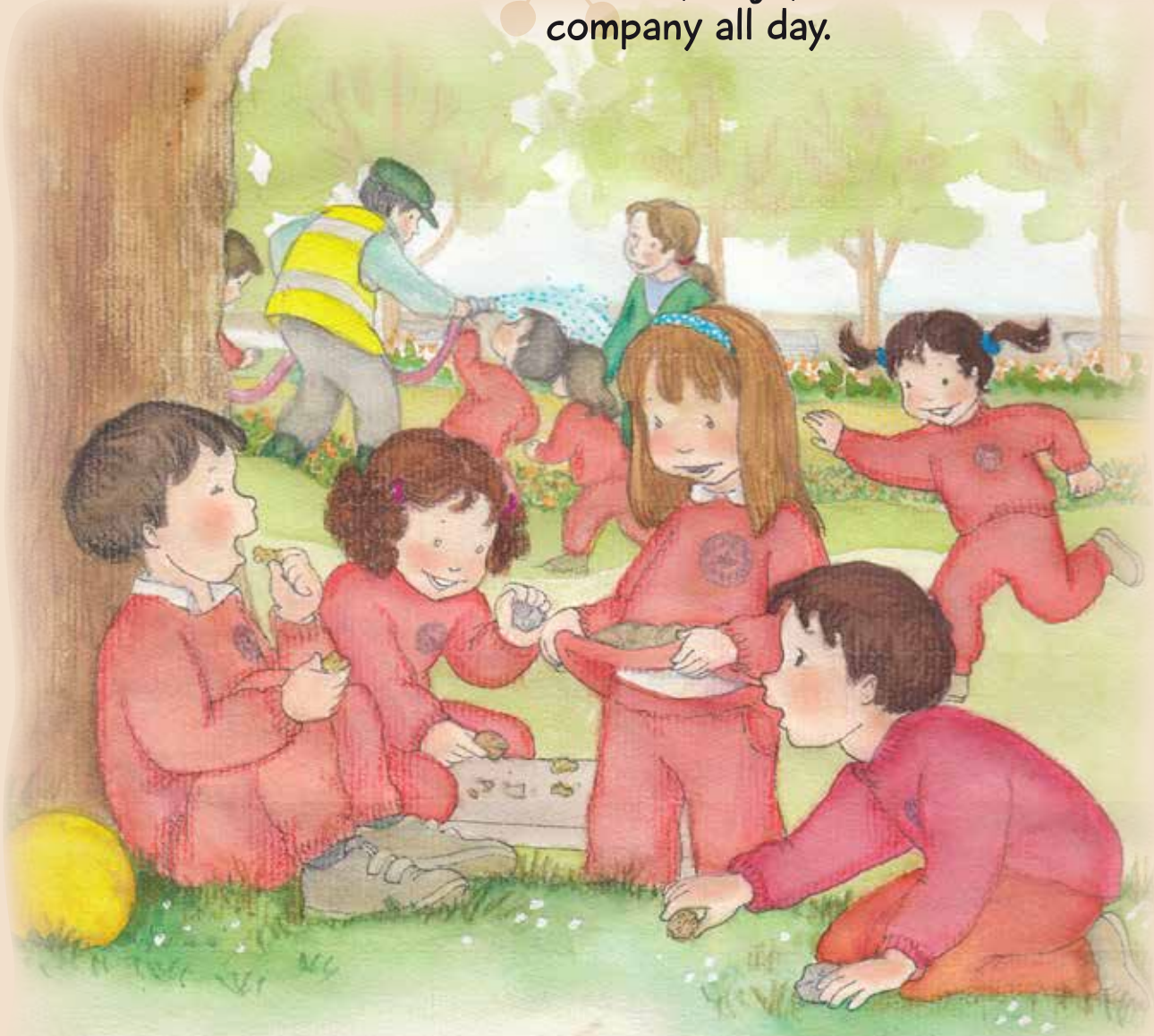






**A**malia loves going to school and sharing with her friends. She is happy and funny, always telling jokes and laughing with her classmates. Amalia is a great storyteller!

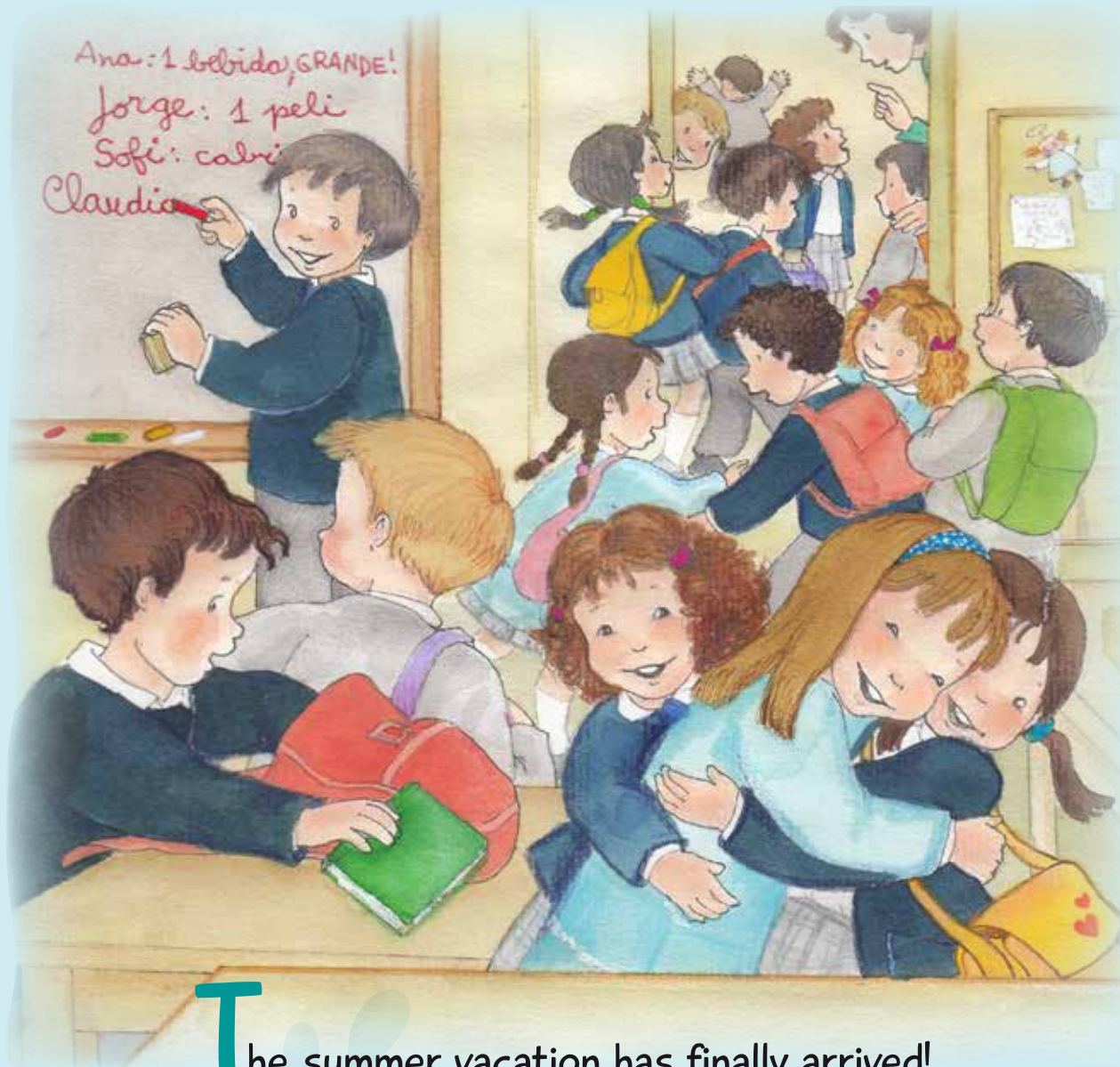
**D**uring class fieldtrips, she gets together with her classmates and they enjoy each other's company all day.







**A**malia is organized and considerate, she helps all her classmates in school. George and Claudio wait for her to rehearse the end of the year celebration.



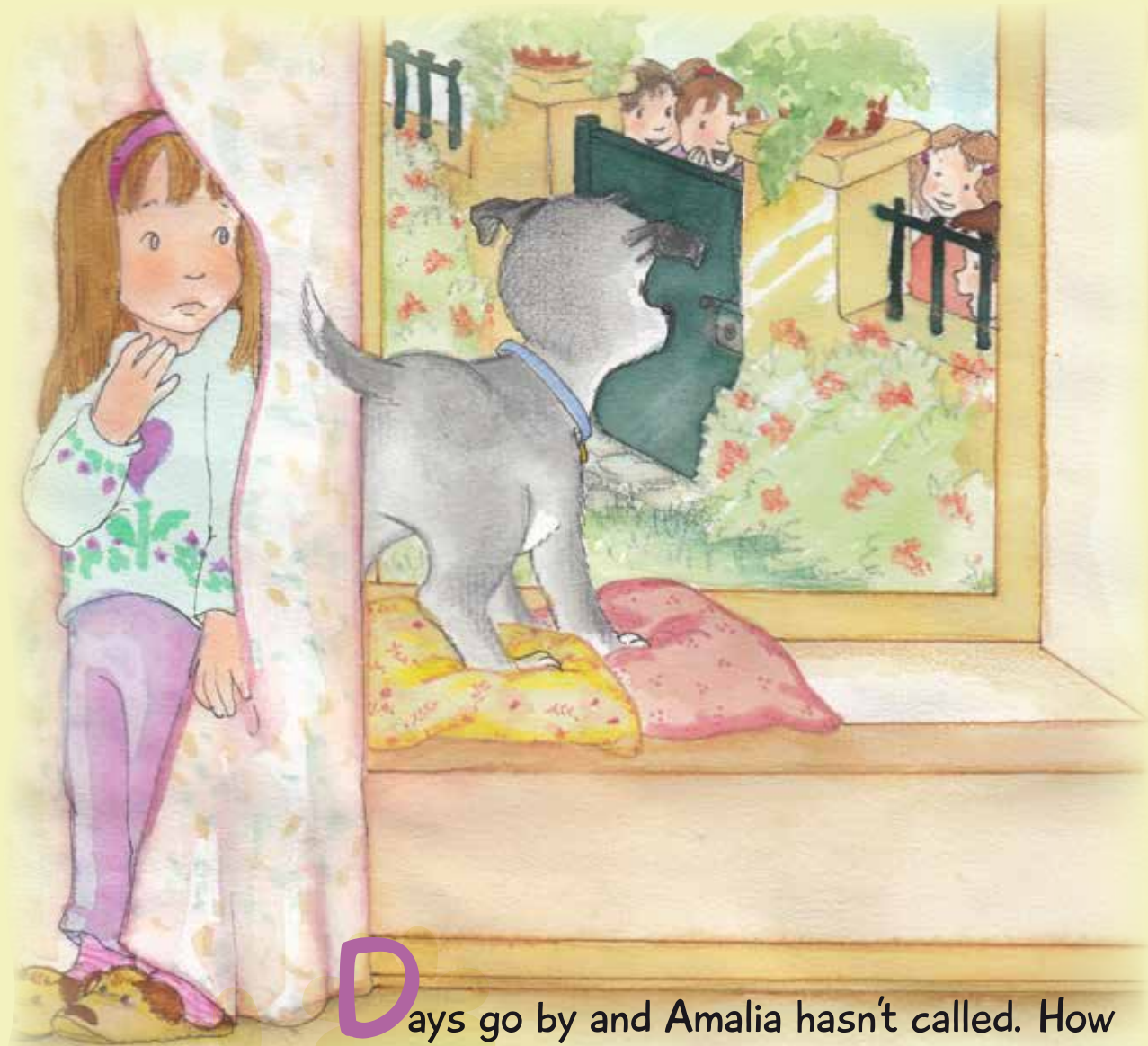
The summer vacation has finally arrived! All her classmates share hugs and are happy that that the school year has ended. They start planning an afternoon at Amalia's house to watch videos. It will be such great fun!





The end of the year class picture!





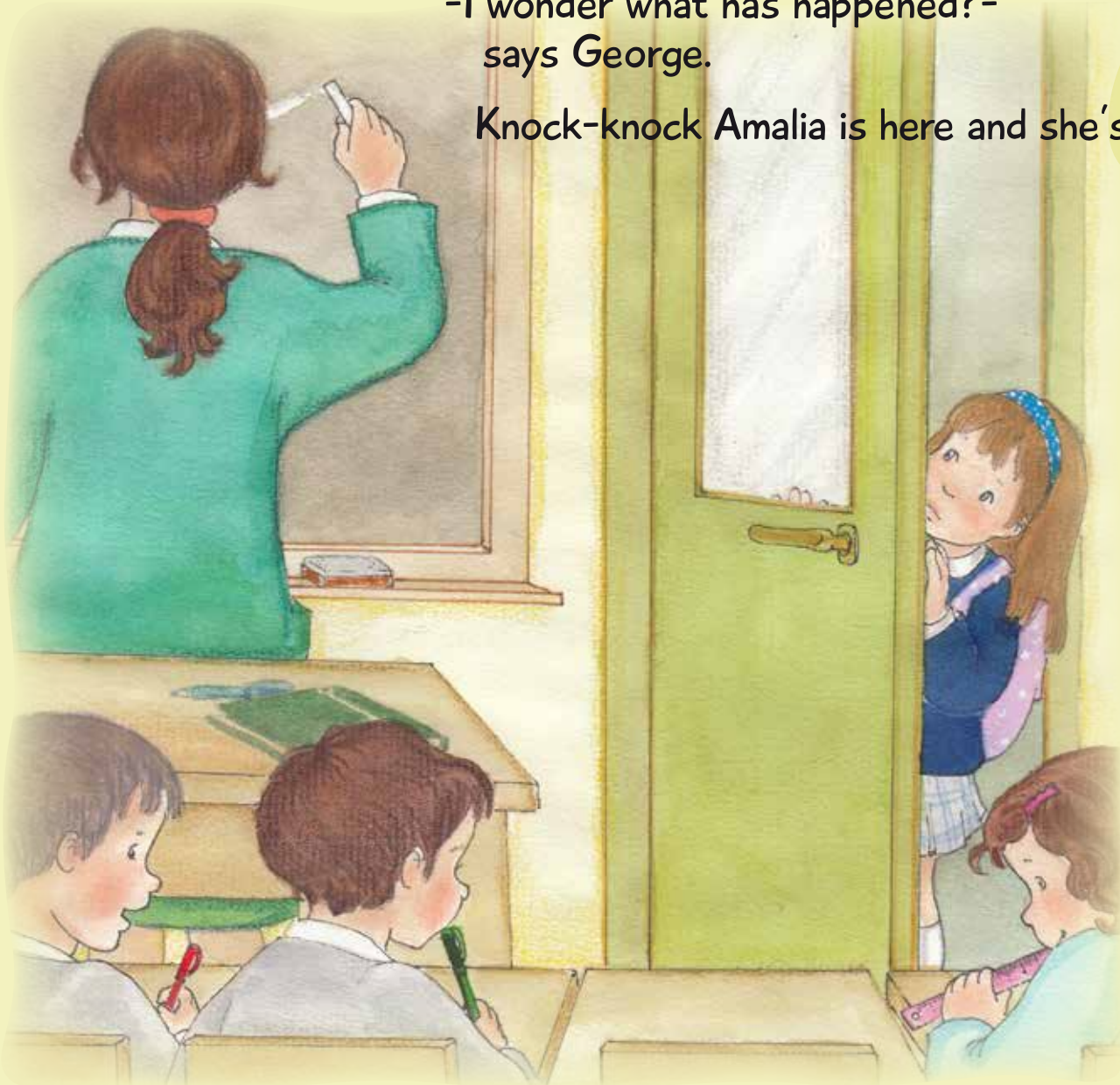
**D**ays go by and Amalia hasn't called. How strange! They decide to go to her house to see her, but she doesn't come out and no one dares to ring the doorbell. What has happened? All her friends return home to enjoy their vacation.



The school year starts! Everyone is happy to see each other, but Amalia hasn't come back.

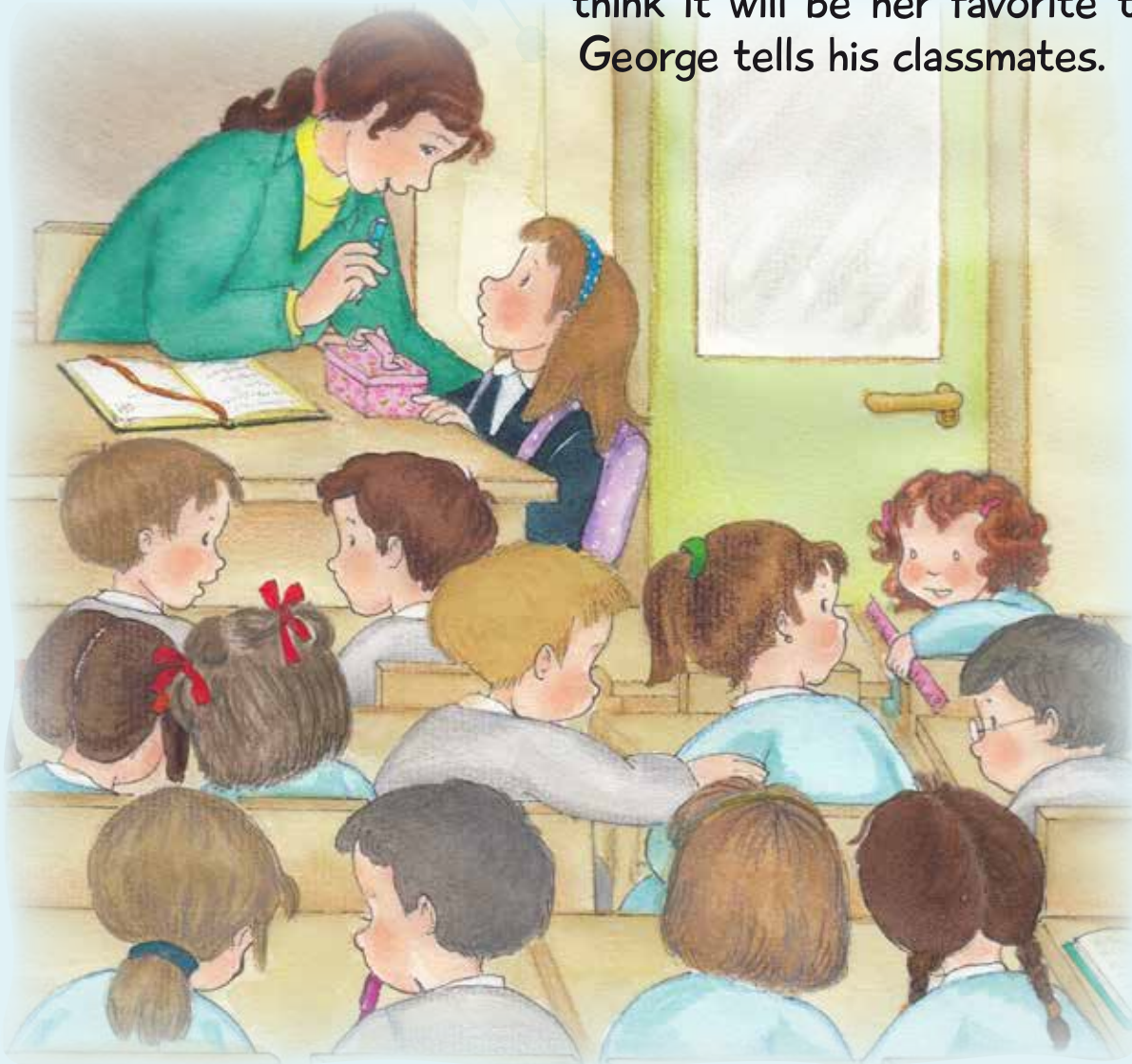
-I wonder what has happened?-  
says George.

Knock-knock Amalia is here and she's late!





**H**er classmates notice that she has brought a strange new bag with her.  
-Maybe the bag un has a gift she wants to give to us!- imagines Claudio -Do you think it will be her favorite toy? - George tells his classmates.



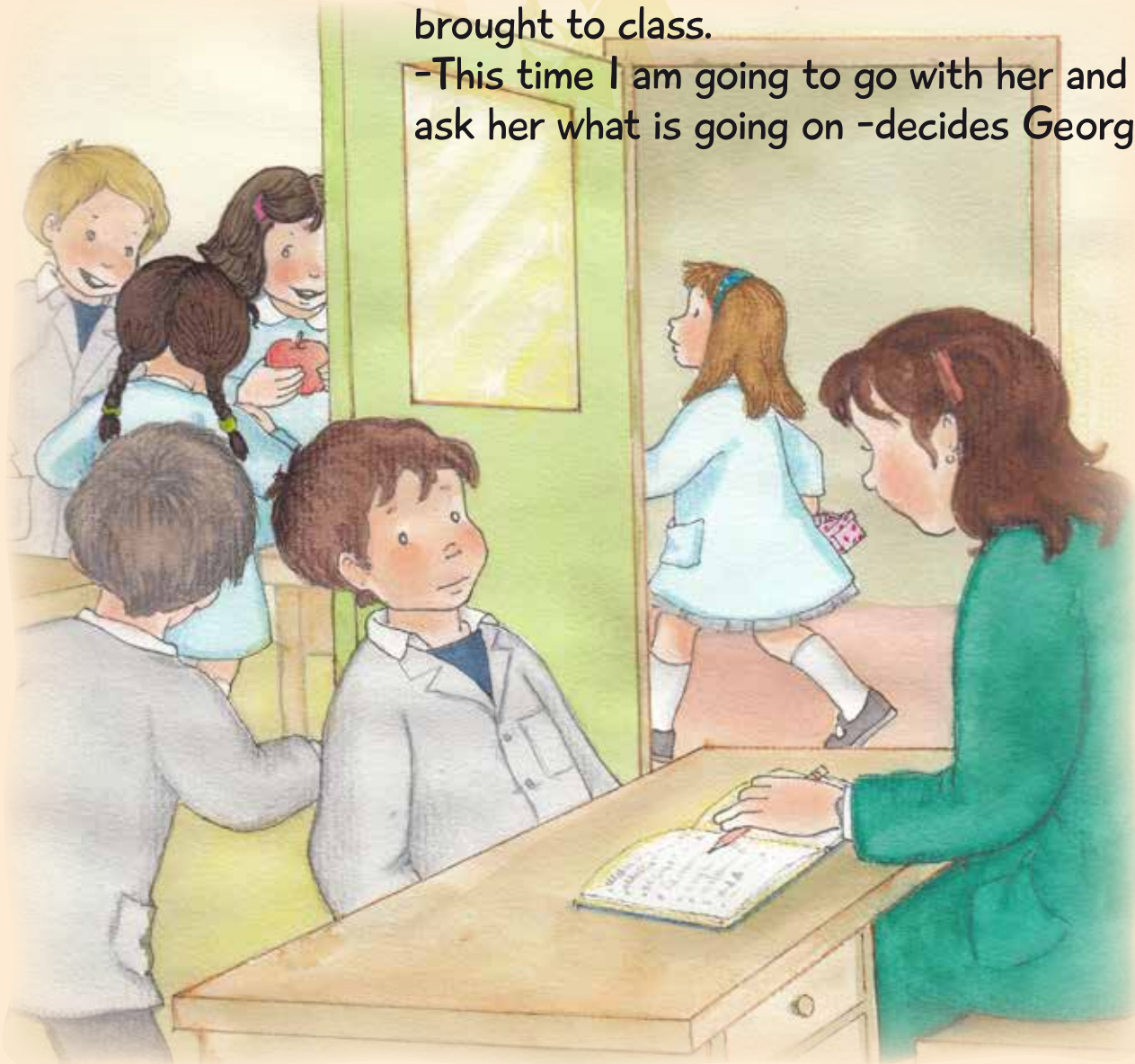


**L**ater in class, it is reading time, but Amalia reaches into her bag and takes out a snack. All wonder why she is eating during class time? I know, maybe she is hungry after the play time! - guesses George.

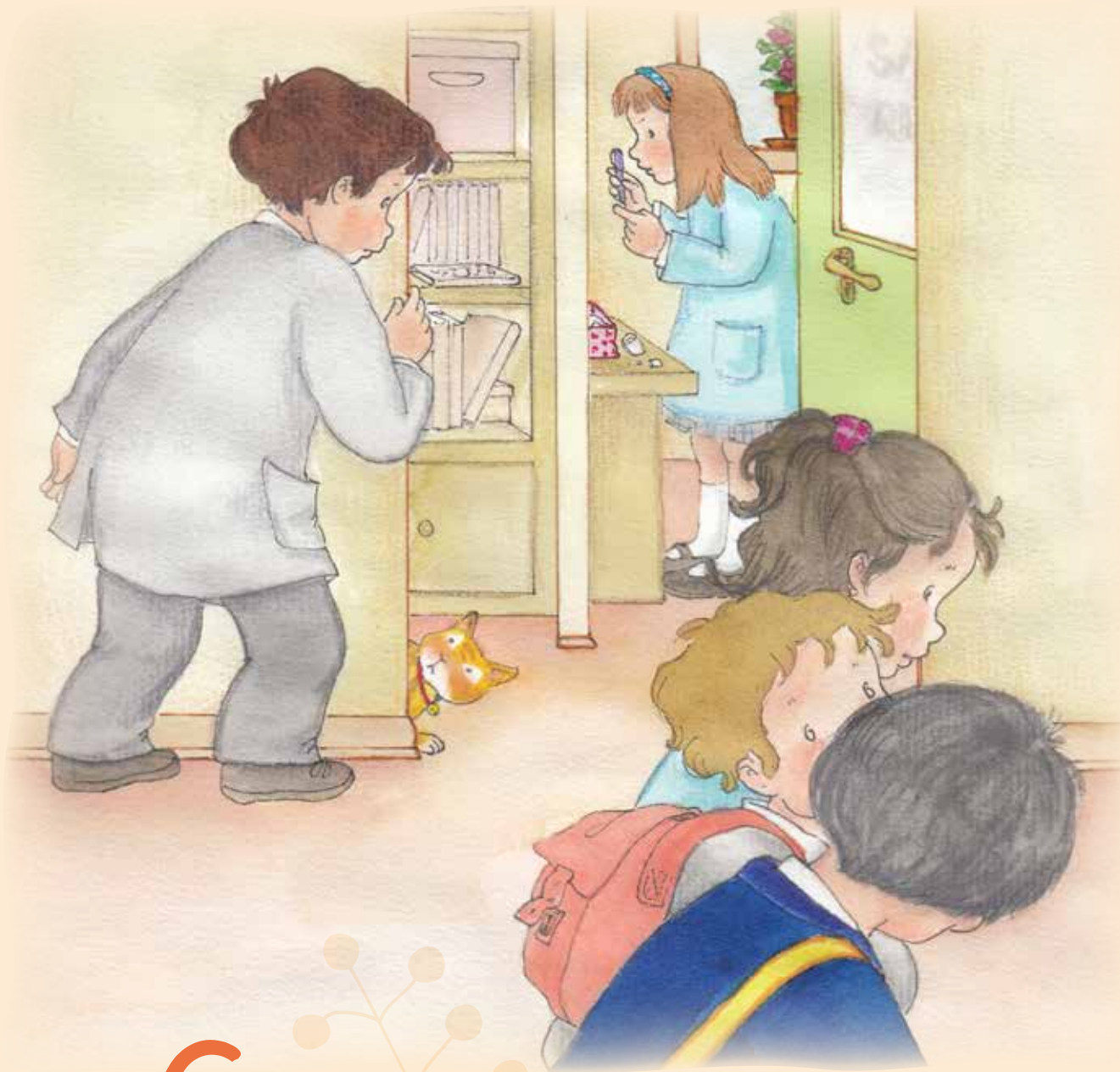


**W**hen play time arrives, Amalia disappears like a ghost. She goes everywhere with the mysterious bag she brought to class.

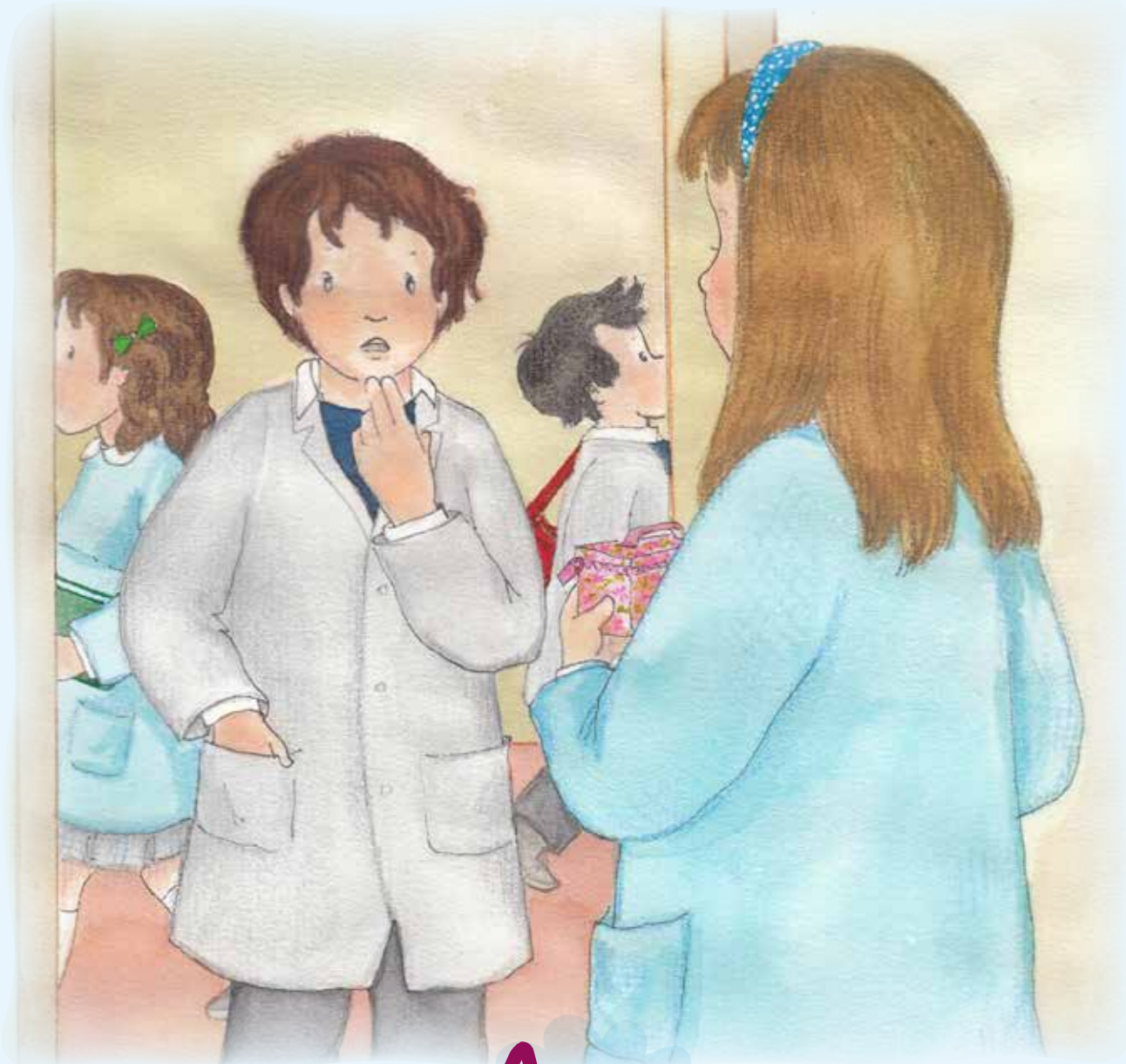
-This time I am going to go with her and ask her what is going on -decides George.







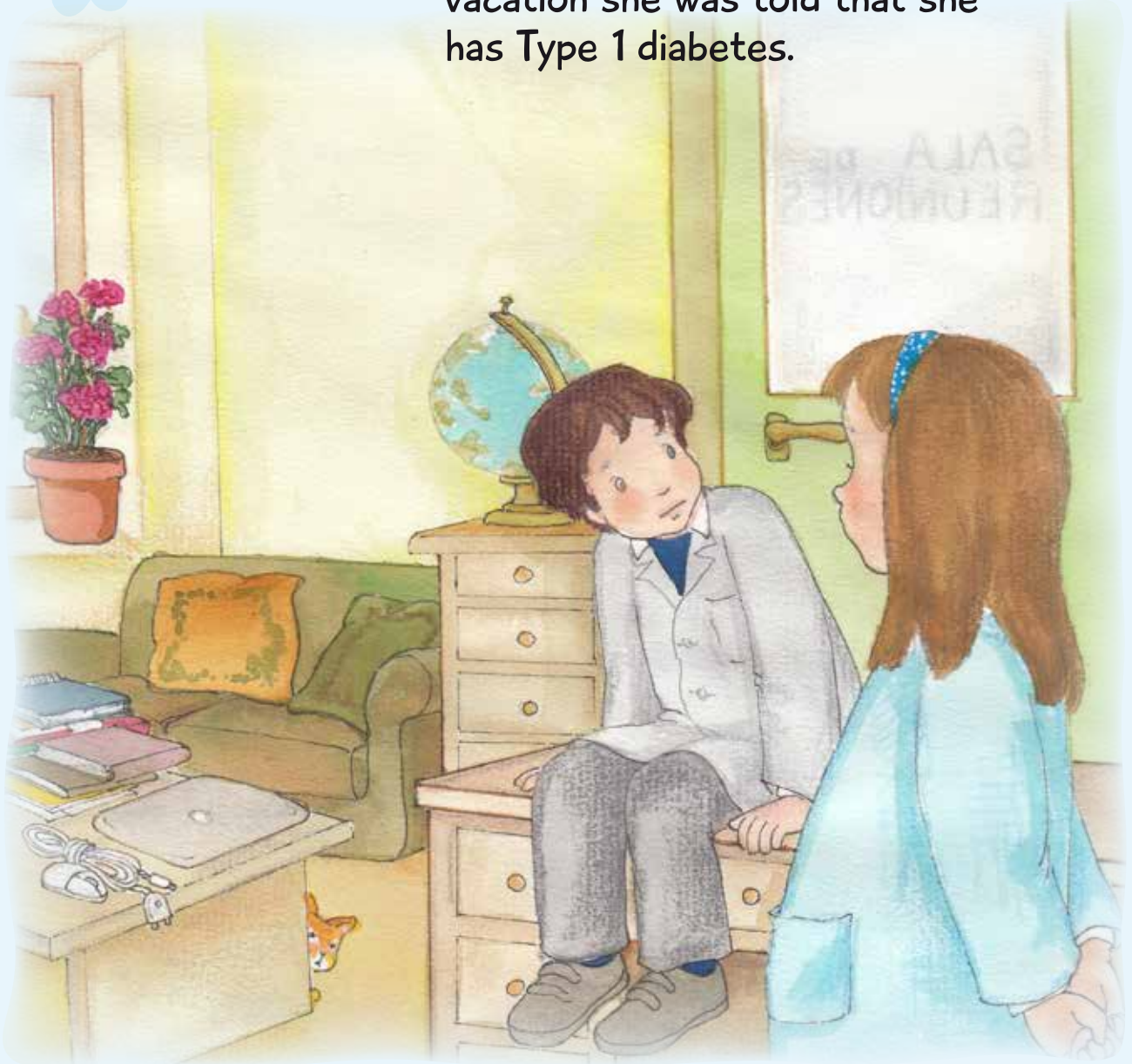
**G**eorge is astonished at what he finds! Amalia has gone to the Teachers' Lounge.



**A**malia! -shouts George.  
What is wrong?  
Are you feeling bad?



**A**malia tells George that she is not sick. During the summer vacation she was told that she has Type 1 diabetes.



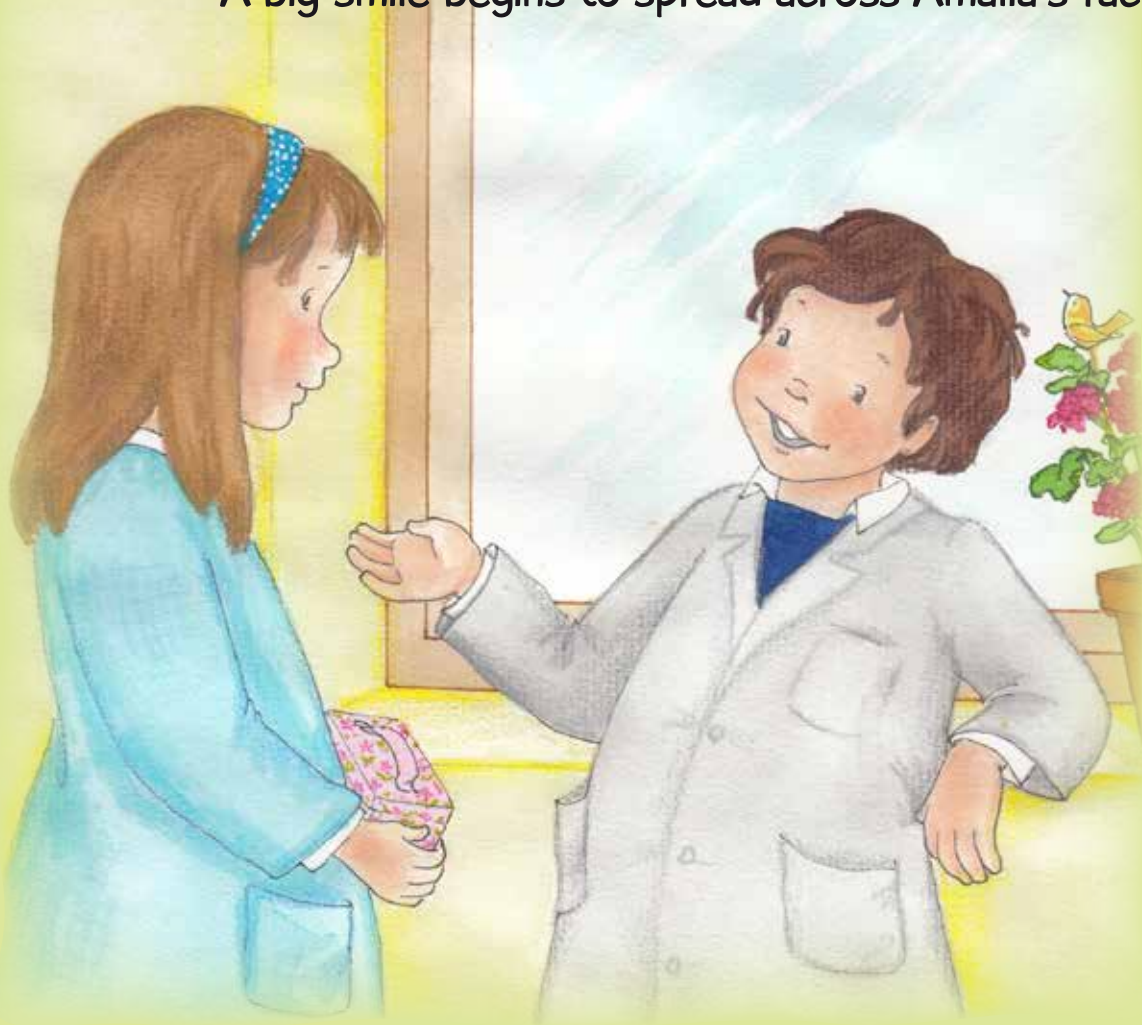


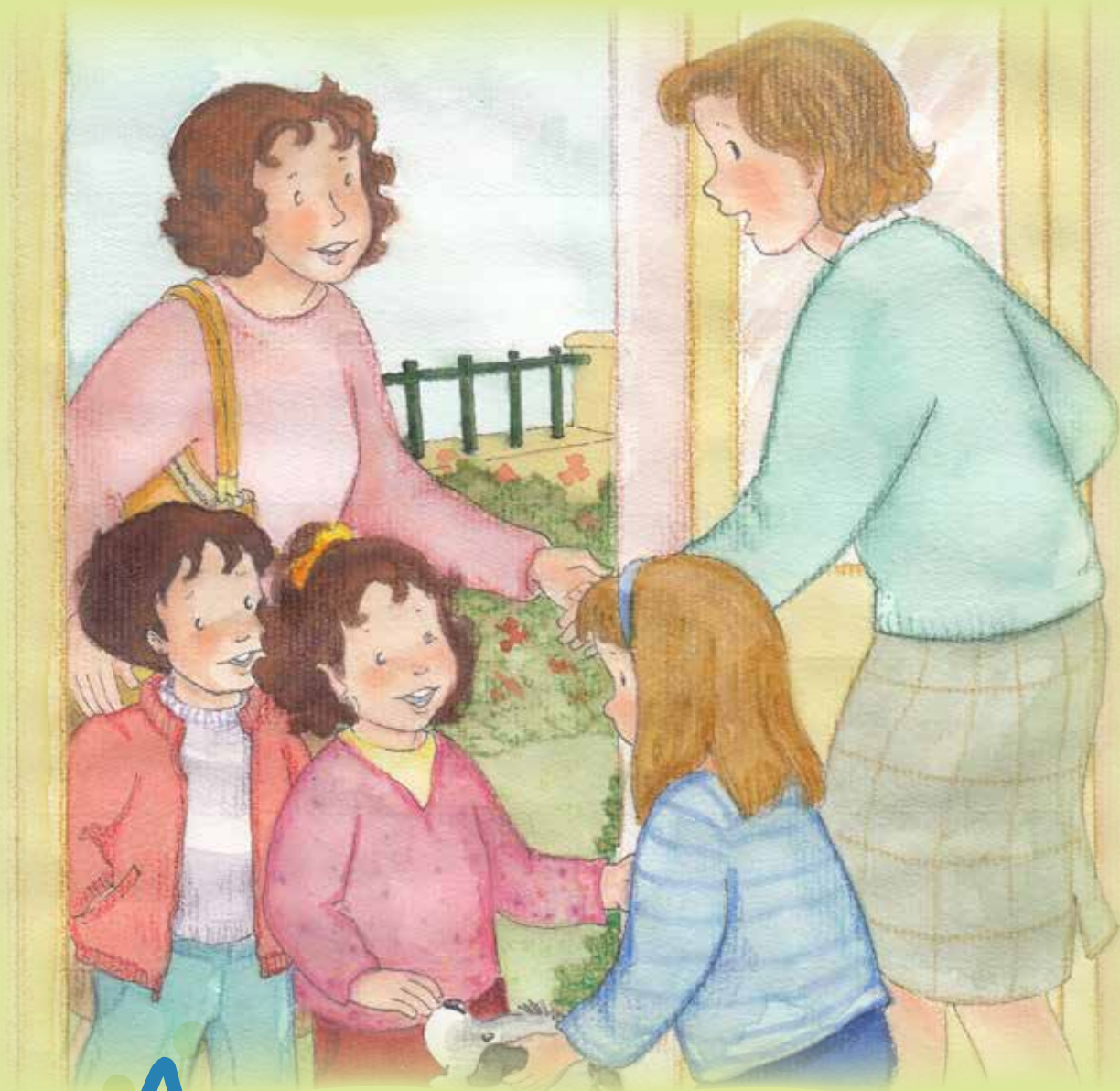
**G**eorge listens carefully, and begins to think for a moment.

Suddenly he shouts -Ahh, but my cousin has Type 1 diabetes!, and she is just like all the rest of us.

Today I am going to arrange for you to meet her.

A big smile begins to spread across Amalia's face.





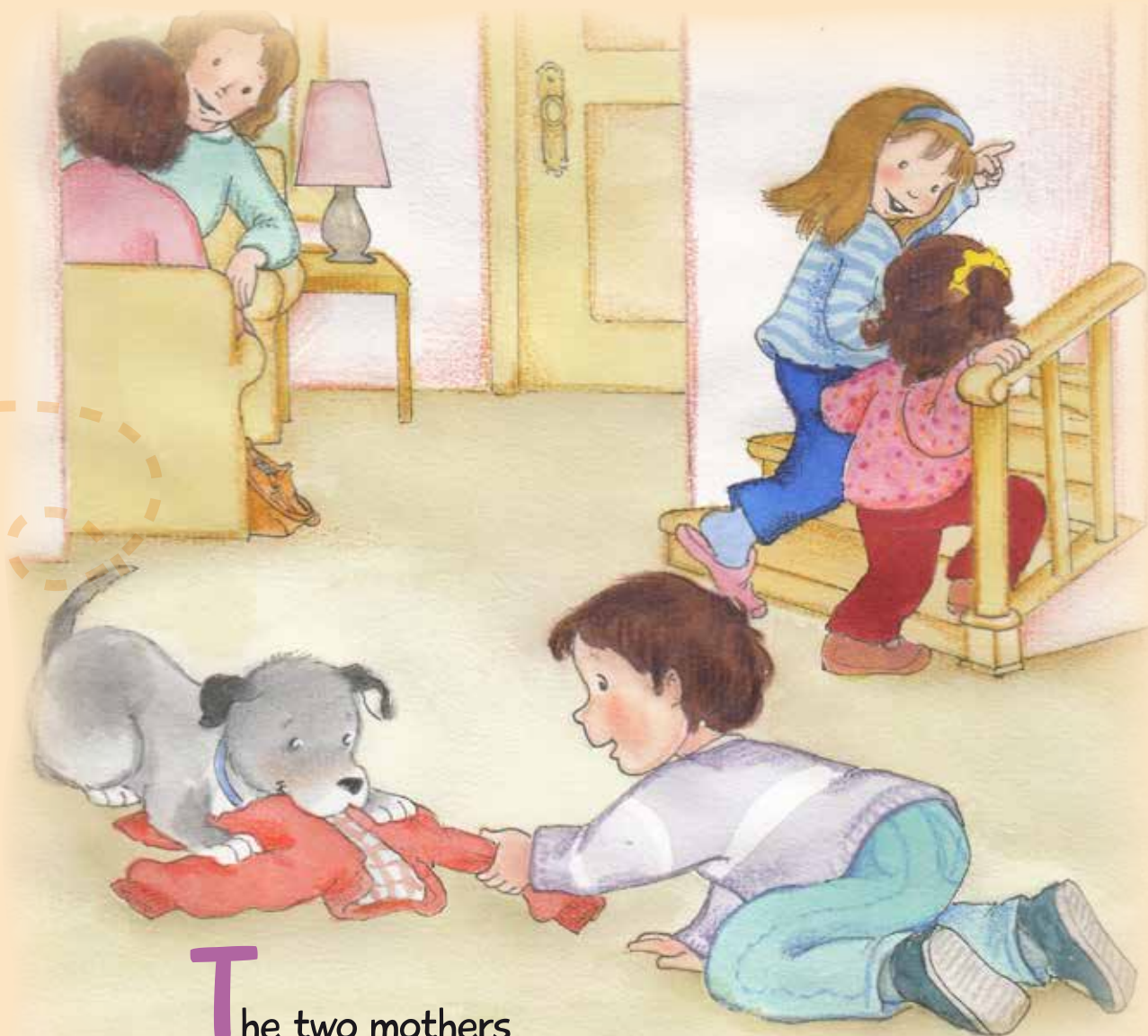
**A**malia went home and told her mom what had happened. Shortly after, the doorbell rings and George is at the door with his cousin Antonia and his aunt that have come to meet.



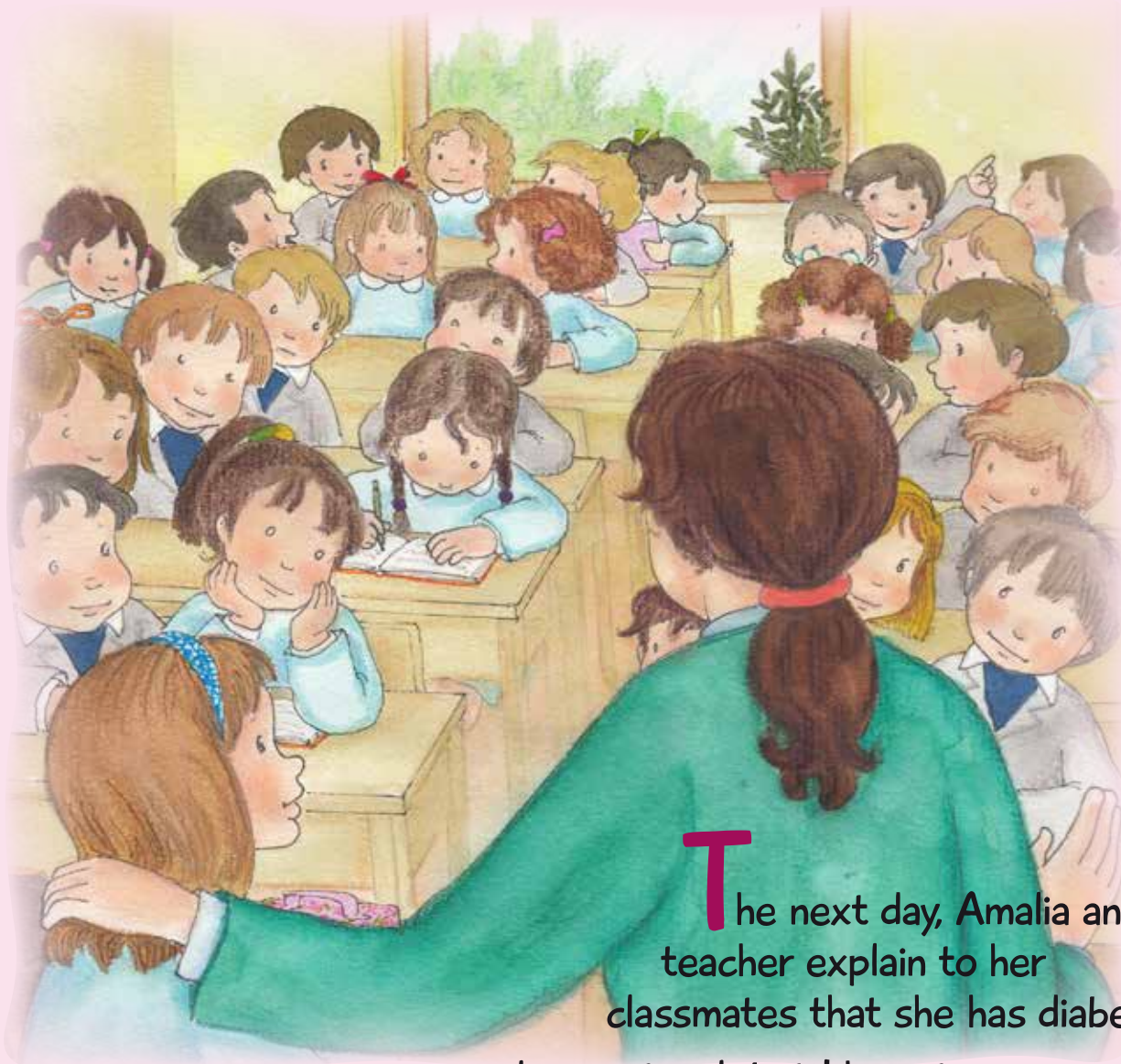
**H**i Amalia!, I have had diabetes for three years and I can do all the activities that all my classmates can do!  
-Antonia tells Amalia.







**T**he two mothers begin to talk about the importance of following the doctor's instructions and participating in all the available educational activities with other children with their condition.



**T**he next day, Amalia and her teacher explain to her classmates that she has diabetes.

I am not sick but I have to measure my blood sugar level, inject myself with insulin, and be careful what I eat.

Everyone listens to Amalia and start to ask questions. What a relief for Amalia!



**T**he school bell rings and everyone goes out to recess to play. Amalia is once again happy and playful just like she always was.



C

lasses end and Amalia  
leaves laughing and joking  
with her classmates.

Then they all begin  
organizing a birthday party  
for Claudio!







